

**Start Presentation**

## **Mark 5:2-5**

**When Jesus climbed out of the boat, a man possessed by an evil spirit came out from the tombs to meet him. This man lived in the burial caves and could no longer be restrained, even with a chain.**

**Whenever he was put into chains and shackles—as he often was—he snapped the chains from his wrists and smashed the shackles. No one was strong enough to subdue him. Day and night he wandered among the burial caves and in the hills, howling and cutting himself with sharp stones.**

## **Mark 5:15-19**

**A crowd soon gathered around Jesus, and they saw the man who had been possessed by the legion of demons. He was sitting there fully clothed and perfectly sane, and they were all afraid. Then those who had seen what happened told the others about the demon-possessed man and the pigs. And the crowd began pleading with Jesus to go away and leave them alone.**

**As Jesus was getting into the boat, the man who had been demon possessed begged to go with him. But Jesus said, “No, go home to your family, and tell them everything the Lord has done for you and how merciful he has been.”**

## **Ephesians 5:8-13**

**For you were once darkness, but now you are light in the Lord. Walk as children of light (for the fruit of the Spirit is in all goodness, righteousness, and truth), finding out what is acceptable to the Lord.**

**And have no fellowship with the unfruitful works of darkness, but rather expose them. For it is shameful even to speak of those things which are done by them in secret. But all things that are exposed are made manifest by the light, for whatever makes manifest is light.**

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**Whatever the revelation-light exposes, it will also correct, and everything that reveals truth is light to the soul. [TPT]**



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# EXPOSING DEPRESSION - SPARKING HOPE

**THE BLASPHEMY OF  
DEPRESSION**

**Isaiah 14:12-14**

**How you are fallen from heaven, O Lucifer, son of the morning!**

**How you are cut down to the ground, You who weakened the nations!**

**For you have said in your heart:**

**'I will ascend into heaven, I will exalt my throne above the stars of God;**

**I will also sit on the mount of the congregation**

**On the farthest sides of the north;**

**I will ascend above the heights of the clouds,**

**I will be like the Most High.'**

**Isaiah 14:15-17**

**Yet you shall be brought down to Sheol,  
To the lowest depths of the Pit.**

**Those who see you will gaze at you,  
And consider you, saying:  
'Is this the man who made the earth tremble,  
Who shook kingdoms,**

**Who made the world as a wilderness  
And destroyed its cities,  
Who did not open the house of his prisoners?'**

## **1 John 4:3-4**

**And this is the spirit of the Antichrist, which you have heard was coming, and is now already in the world.**

**You are of God, little children, and have overcome them, because He who is in you is greater than he who is in the world.**

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**Little children, you are of God [you belong to Him] and have [already] defeated and overcome them [the agents of the antichrist], because He Who lives in you is greater (mightier) than he who is in the world. [TPT]**

## **Ephesians 1:18-21**

**The eyes of your understanding being enlightened; that you may know what is the hope of His calling, what are the riches of the glory of His inheritance in the saints, and what is the exceeding greatness of His power toward us who believe, according to the working of His mighty power which He worked in Christ when He raised Him from the dead and seated Him at His right hand in the heavenly places, far above all principality and power and might and dominion, and every name that is named, not only in this age but also in that which is to come.**

**THE NARRATIVE OF  
DEPRESSION**

## **James 3:13-15**

**Who is wise and understanding among you? Let him show by good conduct that his works are done in the meekness of wisdom.**

**But if you have bitter envy and self-seeking in your hearts, do not boast and lie against the truth.**

**This wisdom does not descend from above, but is earthly, sensual, demonic. For where envy and self-seeking exist, confusion and every evil thing are there.**

## **James 3:16-18**

**But the wisdom that is from above is first pure, then peaceable, gentle, willing to yield, full of mercy and good fruits, without partiality and without hypocrisy.**

**Now the fruit of righteousness is sown in peace by those who make peace.**

**Romans 8:2, 5-6**

**For the law of the Spirit of life in Christ Jesus has made me free from the law of sin and death.**

**For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit, the things of the Spirit.**

**For to be carnally minded is death, but to be spiritually minded is life and peace.**

## **Ephesians 6:12**

**For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places.**

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**For we are not fighting against flesh-and-blood enemies, but against evil rulers and authorities of the unseen world, against mighty powers in this dark world, and against evil spirits in the heavenly places.**

# **THE BELIEVABILITY OF DEPRESSION**

## **2 Corinthians 10:3-5**

**For though we walk in the flesh, we do not war according to the flesh. For the weapons of our warfare are not carnal but mighty in God for pulling down strongholds, casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ.**

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**We use God's mighty weapons, not worldly weapons, to knock down the strongholds of human reasoning and to destroy false arguments. [NLT]**

## **Proverbs 7:1-4**

**My son, keep my words, And treasure my commands within you.**

**Keep my commands and live,  
And my law as the apple of your eye.**

**Bind them on your fingers;  
Write them on the tablet of your heart.**

**Say to wisdom, "You are my sister,"  
And call understanding your nearest kin**

**Hebrews 4:12, John 8:31-32**

**For the word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discerner of the thoughts and intents of the heart.**

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**Jesus said to those Jews who believed Him, “If you abide in My word, you are My disciples indeed. 32 And you shall know the truth, and the truth shall make you free.”**

## **Ephesians 4:29-32**

**Let no corrupt word proceed out of your mouth, but what is good for necessary edification, that it may impart grace to the hearers.**

**And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption.**

**Let all bitterness, wrath, anger, clamor, and evil speaking be put away from you, with all malice.**

**And be kind to one another, tenderhearted, forgiving one another, even as God in Christ forgave you.**

# **Exposing Depression**

## **Sparking Hope**

- **The Blasphemy of Depression**  
**Pay Attention To the Man Behind the Curtain**
- **The Narrative of Depression**  
**A Wall of Real Stuff & Demonic Fluff**
- **The Believability of Depression**  
**Forgiving the Stuff - Seeing Through the Fluff**



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# EXPOSING DEPRESSION - SPARKING HOPE

**The End**